



LONDON SKATING CLUB

IN THE LOOP



April 2013

SPRING EDITION

President's Message

By Stephen Komarnicky

What a year this past season has been. So many changes and accomplishments, some visible to the membership and some behind the scenes. The hard work shown by the skaters, coaches and volunteers has been very inspiring to me, more than I can say.

I would like to congratulate all members, coaches and volunteers for a terrific year. Once again we have a Canadian Championship Synchro team. But the other teams are equally accomplished in their own right, having great seasons and grew to help them continue to improve. The StarSkate members have had improved results and growth and are building a solid base to leap forward from. The CanSkate numbers continue to grow as well. While this does cause some logistical challenges, it is still a great indicator that the Club can use to further grow. The Adult program continues to expand and evolve as well, with many Londoners calling wanting to get back into the sport to use as a social and exercise tool. And, re-introducing CanPowerSkate into the organization has been a great thing to see.

To support the organization, the volunteer board and others that contribute individually or via committees have been terrific. Without the volunteers, the entire organization would not exist. My heart felt thanks to all of you. Through your hard work, we have seen some great developments including the launching of our new webpage and an focus on improving our marketing.

And I would be wrong to not mention the World Figure Skating Championships coming to London. So much work before and during the event, more than anyone than a few would know. The planning began years ago and much had to happen to even allow Canada to bid on the event. But with the leadership of LSC's Bill Boland it was realized. Bill, a past president of LSC, current LSC member and current Skate Canada board member was instrumental to the championships coming to Canada. Bill also chaired the local organization committee to ensure the event ran smoothly. And boy did he do a great job! Thanks to all that volunteered for the event both with Skate Canada and with the LSC. (see his award on page 13)

While it is sad to see a few board members finish their terms, I am also encouraged by the new board members coming in. New ideas, new enthusiasm and new perspectives is always a good thing. The club can always use the help, so please let the Volunteer Coordinator know if you are willing to help in any way.

As I look forward to the coming season, much work still needs to happen. We will continue to grow the webpage, add the Skate Canada registration interface, grow our marketing focus, grow our programs and improve on their delivery. While some see issues, I see opportunities. To all our members, thanks for the support you give to each other and best of luck to you all in the coming year!

Competition Results

The competition season is winding down and but our skaters continue to work hard preparing for these events.

Here are the results from the latest competitions

2013 - Dennis Silverthorne		
Skater	Category	Results
Shelby Kormarnicky	Starskate Bronze Triathlon	6 th place
Deanna Gooden	Senior Bronze Starskate	8 th place
Emma Chute	Junior Bronze Starskate	3 rd place
Kylie Smale	WO Development Level 2	6 th place
Kinsey Greenfield	Junior Women - Short Junior Women - Long	4 th place 2 nd place
StarSkate Championship and Adult Showcase Competition - 2013		
Skater	Category	Results
Kylie Smale	Starskate Preliminary	2 nd Place
Bev Dodge	Adult Silver Free Skate	3 rd Place
Bev Dodge	Adult Silver Interpretive	5 th Place
Shelby Kormarnicky	Starskate Bronze Triathlon	6 th place
Eleanore Julien	Introductory Interpretive	10 th place
Maddisson Chute	StarSkate Junior Bronze	12 th place
Emme Chute	StarSkate Junior Bronze	5 th place
Angela Lee	StarSkate Junior Bronze	8 th place
Deanna Gooden	Senior Bronze Starskate	12 th place
Elizabeth Gentile	WO Pre- Preliminary	2 nd place
Futures - Central Ontario 2013		
Skater	Category	Results
Hannah Fenn	WO Pre-Preliminary	4 th place
Annabella Gummerson	WO Preliminary	2 nd place
Amanda Stevenson	WO Preliminary	7 th place
Julia Chadwick	Pre-Preliminary	7 th place
Elizabeth Gentile	Starskate Pre-Preliminary	6 th place
Rachel Marshall	Starskate Preliminary	4 th place
Nicole Gallo	Starskate Pre- Preliminary	1 st place

Congratulations to all of our competitors We are so Proud of You!



Congratulations to our March 2013 Test Day Skaters

FREESKATE		PROGRAMS
Preliminary		Sarah Semchism
		Julia Chadwick
Sr Bronze program		
		Alicia Harris
Jr Silver program		
		Deanna Gooden
Gold		Holly Bilinski
INTERPRETIVE		
Intro		Kristen Drurer
Bronze		Kristen Drurer
Silver		Eleonore Julien
Gold		Vanessa Tran
		Danielle Mcdougall

Special Congratulations goes out to all our GOLD skaters!

Mark Your Calendars!
The next LSC Test Day is June 11, 2013.

Congratulations to our March 2013 Test Day Skaters cont'd

DANCES

PRELIMINARY

Dutch Waltz

Dmitra Nicolis

Brenda Zawadzki

Carolyn Patience

Canasta Tango

Serim Kim

Brenda Zawadzki

Shayla Diep

Emma Lim

Hailey Belaire

Geneva Herold

Baby Blues

Elizabeth Gentile

Brenda Zawadzki

Annabella Gummerson

Kisha Estaris

Audrey O'Neil

Hailey Belaire

Danica Stewart

SunYoung Choi

JUNIOR BRONZE

Swing

Hannah Brown

Fiesta Tango

Leah Cai

Natalie Osika

Willow

Maggie Ryan

Jolan Farren

SENIOR BRONZE

Ten-Fox

Susan Cooke

Kylie Smale

Olivia Pellazzari

Amanda Yake

Vanessa Eddy

Fourteenstep

Laura Vancer

European

Michaela Walls

American

Ester VanGalen

Kaitlyn Farren

SKILLS

Preliminary

Kaycie Simon

Mary Tennant

Annabella Gummerson

Madison Walker

Julia Farmer

Avyn Watterton

Leah Cai

Jr Bronze

Maggie Ryan

Vanessa Eedy

Julia Chadwick

Laura Vancer

Sr Bronze

Susan Cooke

JUNIOR SILVER

American

Erika Lumsden

Rocker

Emme Chute

SENIOR SILVER

Starlight

Blues

Deanna Gooden

SKILLS

Sr Silver

Rui Lin Guo

Emily VanBerkel

Erika Lumsden

Gold

Angela Lee

FREE SKATE

ELEMENTS

Preliminary

Zoe Espanol

Susan Cooke

Carly Soanes

Sarah Semchism

Julia Chadwick

MaesonVanMeerbergen

Sr Bronze

Leanna Noel

Abby Bilinski

London Skating Club Winter Showcase

London Community News

By Jonathon Brodie

The London Skating Club (LSC) wrapped up their successful season Sunday (March 24) by showing friends and family what they're working with in a winter showcase.

Everyone from the local ice club hit the ice pad of Earl Nichols Recreation Centre in the five-hour event from kids in the Learn to Skate program dancing to the classic 80's song Wake me up Before you Go-Go by WHAM! to the intermediate synchronized skating team performing their Canadian championship routine.

The LSC offers programs in Learn to Skate (CanSkate), Figure Skating (StarSkate) and Adult and Synchronized Skating Programs, which were all featured in the showcase.

For more information about the LSC, visit www.londonskatingclub.com.



LSC Synchronicity Juvenile Team During The LSC Winter Showcase Pictures by Jonathon Brodie



Participating in the London Skating Club Junior Olympics Pictures By Jonathon Brodie

Check Out The LSC's New Website At
www.londonskatingclub.com

Plan to join us for the LSC Annual General Meeting

London Skating Club Annual General Meeting

Tuesday April 23, 2013

Earl Nichols Arena Community Room

7:30pm

 **Lynda's Skating Apparel - The Dancer's Den** 
call (519) 680-1088

A Very Special Thank You To Lynda's For A Generous Donation To The London Skating Club! Keep watching for more info at the club about their special donation!

**It's Not Too Late To Register Still For Spring Session!
Come Join The Fun!**

SPRING 2013

Evening Program sessions – April 8-June 10 – Test Day – Tuesday, June 11/13:

Day Ice Program (separate registration through office for qualified Preliminary, Jr, Senior, Adult skaters – April 4-June 28th

Session	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Nichols Arena is located at 799 Homeview Road, London</p> <p>"A" Pad</p> <p>Adults only (Thursday) Thompson Arena, Western University</p> <p>CanPowerSkate Monday program – Western Fair District Sports Centre</p>	<p>9 WEEKS: Canceled on, May 20 (Victoria Day)</p> <p>Total – 9 wks</p>	<p>8 weeks: singles</p> <p><u>1 week</u> – synchro try outs</p> <p>Tues, Apr 9</p> <p>See below</p> <p><u>1 week</u> – Test Day – June 11th</p> <p>Total – 10 wks</p>	<p>9 weeks:</p> <p>Total – 9 wks</p>	<p>8 weeks: Singles (no singles session on Thurs, April 18th only!)</p> <p><u>1 week</u> – Synchro try outs</p> <p>Thurs, Apr 18</p> <p>Total – 9 wks</p>	
Preschool	Nichols 6:30-7:20			Nichols 5:00-5:50	
CanSkate	Nichols 6:30-7:20		Nichols 6:30-7:20		
<p style="text-align: center;">*NEW*</p> <p>Combined PreCanSkate, & PreCanPowerSkate session:</p> <p>PreCanPowerSkate: no hockey</p>				Nichols 5:00-5:50	

experience necessary, full equipment. Some skating ability fwd, stop on spot needed. For those starting out!					
CanPowerSkate: Spring Session I: Players that have not completed Gold Level one Must have hockey experience/full equipment	Western Fair Apr 8,13,22,29 5:45-7:05 May 6,13,27 June 3 & 10 6:45-8:05				
CanPowerskate: Spring Session II: Players must have completed Gold Level one or higher Must have hockey experience/full equipment	Western Fair April 8,13,22,29 7:15-8:35 May 6,13,27 June 3 & 10 8:15-9:35				
Session	Monday	Tuesday	Wednesday	Thursday	Friday
Preliminary – Groups	Nichols 5:00-6:30 flood 5:50-6:00				
Preliminary/Junior – Privates only				Nichols 6:00-7:30 Flood 6:50-7:00 (no stroking)	
Junior – Privates only		Nichols 5:00-6:50 (*w/stroking)			
Junior/Senior – Privates only			Nichols 5:00-6:30		

			Flood 5:50-6:00		
Senior – Privates only	Nichols 7:20-8:50 Flood 7:50-8:00	Nichols 7:00-8:50 (*w/stroking)		Nichols 7:30-8:50 (no stroking)	
*Stroking – All 1 hour 50 minute sessions include stroking		*			
Synchronized Tryouts		Nichols April 9th 5-9		April 18th 5-9	
Adults			Nichols 7:20-8:50 Flood 7:50-8:00	Thompson Arena, Western U. 10:00 am-noon	
Day Ice only – April 4-June 28	Nichols 8:00-9:50 am Cancelled on Mon, May 20 th , Victoria Day		Nichols 2:30-3:50 pm	Nichols 8:00-9:50 am and 2:30-3:50 pm	Nichols 8:00-9:50 am

Watch For Summer Skating Sessions To Be Announced Soon.



Synchronicity

Spring 2013 Auditions

(2013-2014 Skating Season)



Level	Age requirement	Test Requirements	Date, Time & Location
Level 1	Cannot be 15 as of July 1, 2013	Must be working on at least Jr. Bronze Tests or higher. Preference will be given to skaters who have passed a complete set of Jr. Bronze skills, dances or higher.	Tuesday, April 9 & Thursday 18, 2013 5:00 – 5:50 pm Nichols Arena
Level 2	Must be 10 years old before July 1, 2013 - Cannot be 19 years as of July 1, 2013	Working on Jr. Silver tests or higher	Tuesday, April 9 & Thursday, April 18, 2013 6:00 – 7:20 pm Nichols Arena
Level 3	Must be 15 years or older as of July 1, 2013	Working on Sr. Silver tests or higher	Tuesday, April 9 & Thursday, April 18, 2013 7:30 – 8:50 pm Nichols Arena

We welcome out-of-club Skaters

The fee for tryouts for the 2013 - 2014 season is as follows:

- ✓ **Level 1 – \$30.00**
- ✓ **Level 2 & 3 – \$50.00**

Note:

- ✓ **All** skaters must provide a current & valid Skate Canada number

- ✓ Skaters without a current & valid Skate Canada number can register with their home club or with London Skating Club at try-outs.
 - ✓ Skaters attending auditions without a current & valid Skate Canada number will not be allowed on the ice.
 - ✓ Skaters may have to show proof of tests passed
 - ✓ **It is expected that all skaters must skate at least one day with their home club**
 - ✓ More try-outs may be held in the case of new skaters moving to the area
 - ✓ Adult I, II, & III are separate audition dates and times
-

- Skaters should attend the level that matches **both** their age and test requirements
- If a skater does not meet both age and test level, then they should attend the date that matches their age
- Coaches will move/assign skaters as necessary
- Skaters may try out for multiple teams, as long as they meet the age requirements outlined
- Skaters are expected to attend both sessions

Try-Out Notes:

- Please attend auditions dressed in a black skirt, beige legs and black top
- **Absolutely no pants**
- Skaters will be asked to demonstrate skills, including Moves in the Field, Moves in Isolation, Free Skate and Dance elements
- The coaching staff will evaluate strength, flow, speed, stamina, power, posture, and the ability to project or “present” to an audience. Specific skills are detailed in the sections below.
- At each session, experienced skaters may be asked to instruct new skaters in footwork and step sequences.
- In addition to the specific skating skills mentioned, coaches will evaluate skaters’ ability to learn quickly, their sense of music, and the extent to which they blend with other skaters.

Skills

Skaters auditioning for Synchronicity should be prepared to perform some or all of the following:

- Skating with good quality push, knee action
- Cross cuts
- Basic turns (three’s and Mohawks) - On both feet and in both directions
- Choctaws, counters, brackets, rockers (both feet)
- Twizzles (single, 1 1/2 and double, both feet)
- Spins (basic one foot)
- Russian Stroking
- Spread eagles (both edges, both directions)
- Ina Bauer (both edges, both directions)
- Spirals (both edges, both feet) and be able to maintain the proper position for a period of time
- Spiral Variations
- Continuous turns (forward & backward)

Skaters will be notified of team placement during the first week of May via email and will receive a tentative practices schedule and a financial contract. Skaters joining the team will be required to make a non-refundable deposit of \$200 upon placement on a team.

For More Information Contact Heather Crampton at heather.crampton@sympatico.ca

It pays to refer a friend!

Help us spread the word about the London Skating Club's many programs:

- CanSkate = Learn to skate
- CanPowerSkate = skill development for hockey and ringette
- STARSkate = Learn to figure skate, figure skating
- Synchronicity = Synchronized skating teams
- Adult Skating Program




LONDON SKATING CLUB
A Skate Canada Member Club

Referred by: _____

Contact us to register for CanSkate (Learn to Skate), CanPowerSkate (Power skating), STARSkate (Learn to Figure Skate), and Adult skating programs. Be sure to tell us who sent you.

londonsc@execulink.com www.londonskatingclub.com 519-681-2640

Refer a friend to join the London Skating Club. For every NEW registration in an LSC program, the referring member will be issued a \$10 credit voucher * to be used toward new session registrations.

* Credit voucher will have no cash value, be non transferrable, and will expire after 1 year. The new member registration must put the referring members name forward at the time of registration.

Mark Your CalendarSave The Date
 London Skating Club Annual General Meeting
 Tuesday April 23, 2013
 Earl Nichols Arena Community Room
 7:30pm

Congratulations Mr. Bill Boland on your recent Caring Canadian Award!



Picture By Taylor'd Photography and Graphics

The Caring Canadian Award consists of a certificate and a lapel pin presented to recipients by the governor general or by lieutenant-governors, territorial commissioners, mayors or partner organizations.

The award's emblem represents Canadians who selflessly give of their time and energy to others. The maple leaf symbolizes the people of Canada and their spirit; the heart depicts the open-heartedness of volunteers; and the outstretched hand portrays boundless generosity. The helping hand and heart support the maple leaf. The blue and gold colours, which appear on the viceregal flag, indicate the award's connection with the governor general.

Mr. Boland was presented this award at the recent World Figure Skating Championships by the Governor General of Canada. Mr. Boland was a former LSC President and currently sits on the executive of Skate Canada. He is a longtime LSC Member.

Thanks For All You've Done For
Figure Skating, London Skating Club and London!

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Stay in touch with LSC!

Check out our newsletters, LSC bulletin board located beside the concession at Nichols Arena, Facebook (<http://www.facebook.com/LondonSkatingClub>), our website (www.londonskatingclub.com) or check out our Tweets ([@LondonSkating](https://twitter.com/LondonSkating))!

A Special thanks to the many contributors of this month's newsletter.

If you have ideas or contributions for next month's newsletter please direct your questions or submissions to Tamara Blaney at tamarablaney@gmail.com before the 25th of the month.

We would love to publish photos of your skater at competitions, during practice or on their session!

Is it your skaters birthday? Let us know and we'll send them greetings in the newsletter!

Does your skater have a special thought or message for their coach? Send in your comments and we'll publish them.



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